

The All-Around

April 2024

TEAM COMPETITIVE SEASON

The Competitive Team wrapped up the Xcel State Championship Meet in Bettendorf, IA March 22nd-24th. The Salute Team brought home 6 State Championship gold medals. Twenty-seven Silver, Gold, Platinum, and Diamond level gymnasts qualified for Regionals, which will take place in Cedar Rapids April 19th-21st. Congratulations to the competitive team for a successful State Meet and best of luck to those continuing to Regionals.



The gym will be closed on April 18th for travel to the regional meet. All absences will be added to the accounts.

TEAM TRYOUTS

We will be having competition team tryouts for new members after the conclusion of our season (last meet is April 19th-21st). We are looking at having tryouts on June 1st. Anyone over the age of 5 is welcome to try out for the team. There will be a sign-up sheet on the bulletin board. There will be a day or two of team tryout help sessions coming up with more details to follow.

HOUSEKEEPING ITEMS

As you send your kiddos to classes at the gym, please remember that kids need to have a hair tie to keep their hair off their face. We have had many kids showing up with their hair not pulled into a ponytail. ALL long hair needs to be pulled back. Even if hair is shorter, if it goes in their face while moving around, it needs to be pulled back.

If you are planning on being absent from the gym (due to sickness, appointment, conflict of schedule, other sport, etc.), please notify the gym either in your Jackrabbit account, call the gym, or through email. Participants can make up their missed classes as long as we are notified prior to the missed class. If you are going to be gone for longer than a class or two, please notify Teresa. We understand that schedules get busy, but we appreciate the advanced notice.

SQUAD LOCKER & MERCHANDISE

As we draw closer to warmer temperatures, don't forget to rock Salute Gymnastics and check out Squad Locker for t-shirts, tank tops, and shorts for spring. There are also a selection of baseball caps and bucket hats available. If there is something you would like and don't see, let Teresa know to see about adding it to Squad locker. Just go to www.squadlocker.com and search Salute Gymnastics. All items will ship directly to you and the store is open 24/7. A portion of your order will help to fundraise for our organization.

Regional Qualifier shirts are on sale through Outfitters Plus through April 7th at 11:59pm. Anyone is welcome to order shirt, sweatshirt, etc. and they will be delivered to the gym before the Regional Meet the week of April 15th. Notification will be sent out when the shirt orders are in. <https://salutegymnasticsxcel2024.itemorder.com/shop/home/>

OPEN GYM SCHEDULE

We will have open gyms for the first time in a while, on **Sunday, April 7th from 12:30-1:30pm** and on **Sunday, April 14th at 1:00-2:00pm**. We might have a third open gym toward the end of the month, that will be determined later. Stay tuned! The cost is \$5 per person for members, \$8 for non-members and anyone is welcome to attend.

Contact us about a birthday party at Salute Gymnastics!
Salutegymnastics@gmail.com or 712-254-9011